



# New Patient Form

Name: \_\_\_\_\_

Gender: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Reason for Visit:** \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**List ALL MEDICATIONS you take, including over-the-counter medications and vitamins. Include specific doses and when taken.**

_____	_____	_____
_____	_____	_____
_____	_____	_____

**Past Medical History:** *(Please circle all that apply)*

- |   |              |                |  |                             |
|---|--------------|----------------|--|-----------------------------|
| Heart Attack  | Hypertension | Heart Disease  | High Cholesterol                                       | Peripheral Vascular Disease |
| Diabetes Mellitus<br><i>(If yes please fill out page 3)</i> | Neuropathy   | Kidney Disease | Osteoporosis<br><i>(If yes please fill out page 4)</i> | Thyroid Disease             |
| Anemia  | Depression   | Cancer: _____  | Crohn's Disease  | Arrhythmia                  |
| Arthritis   | Sleep Apnea  |                |  | Other _____                 |

**Past Surgical History:** Please list all prior surgeries and approximate dates performed.

\_\_\_\_\_

\_\_\_\_\_

**Family History:**

- |                          |                                |
|--------------------------|--------------------------------|
| Heart Disease: _____     | Thyroid Disease: _____         |
| Diabetes Mellitus: _____ | Osteoporosis/Osteopenia: _____ |
| High Cholesterol: _____  | Other: _____                   |

**Social History:**

Education level:

- Elementary                       High School                       College                       Graduate

Smoking/Tobacco Use:

- Current                       Past                       Never                      Amount: \_\_\_\_\_                      # of Years: \_\_\_\_\_

Alcohol:

- Current                       Past                       Never                      Drinks/week: \_\_\_\_\_

**Review of Systems:**

- |                |                 |              |                 |              |                     |            |                        |
|----------------|-----------------|--------------|-----------------|--------------|---------------------|------------|------------------------|
| Weight Change  | Appetite Change | Headaches    | Cold Symptoms   | Cough        | Shortness of Breath | Chest Pain | Voice Changes          |
| Hot Symptoms   | Leg Swelling    | Palpitations | Abdominal Pain  | Dizziness    | Frequent Urination  | Joint Pain | Pain with<br>Urination |
| Joint Swelling | Vision Problems | Confusion    | Nausea/Vomiting | Skin Lesions | Feeling Anxious     | Bone Pain  | Irregular Periods      |

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# New Patient Form – Diabetes Mellitus

What type of diabetes do you have? (Circle one)

Type 1 Diabetes

Type 2 Diabetes

I'm Not Sure

When were you diagnosed with diabetes? \_\_\_\_\_

What was your last hemoglobin A1C? \_\_\_\_\_ When was it? \_\_\_\_\_

Do you have any known complications due to diabetes? If yes, circle all that apply

Yes

No

Diabetic Retinopathy

Nephropathy

Peripheral Neuropathy

Peripheral Vascular Disease

Nephropathy

Peripheral Neuropathy

When and where was your last eye exam? \_\_\_\_\_

How often do you check your glucose? \_\_\_\_\_

What do you eat for breakfast? \_\_\_\_\_

What do you eat for lunch? \_\_\_\_\_

What do you eat for dinner? \_\_\_\_\_

Who previously managed your diabetes? \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# New Patient Form – Osteoporosis

When were you diagnosed with osteoporosis? \_\_\_\_\_

When and where was your bone density (DEXA) scan? \_\_\_\_\_

Have you been on any previous osteoporosis medications, if yes which one? \_\_\_\_\_

Have you had any fractures in the past year? \_\_\_\_\_

Do you use a cane, walker, assisted device when walking? \_\_\_\_\_

Do you have any thyroid or parathyroid disease history? \_\_\_\_\_

Does osteoporosis run in your family? \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_